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# The Complete Path

## A Systematic Training from Sutra to Tantra

His Holiness Ratna Vajra Rinpoche  
The 42th Sakya Trizin



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## A Seven Years Study Program

The International Buddhist Academy (IBA) in Kathmandu is launching a global training program that encompasses the Buddhist path in its entirety (for more information see [thecompletepath.com](http://thecompletepath.com)). This unique course is devised to provide Dharma practitioners of all levels a systematic training focused mainly on the theory and practice of the Vajrayana path as transmitted by the founding masters of the Sakya school of Tibetan Buddhism.

His Holiness Ratna Vajra Rinpoche, the elder son of His Holiness the 41st Sakya Trizin and one of the most important lineage holders living today, was requested to teach this program at the International Buddhist Academy, an ideal setting in Kathmandu for this intensive training course. In addition, IBA has established partnerships with selected Dharma centers on different continents to offer the first three years of this program to be taught by qualified lamas and guest teachers.

The Arya Tara Dharma Center feels very fortunate and honored to be able to participate in this unique program with the kind approval and encouragement of H.H. Ratna Vajra Rinpoche. Thus we'll offer the first three years under the skillful guidance of Do Tulku Rinpoche and Arne Schelling.



## The First Two Years

**25th of August to 3rd of September 2017**

### **Clarifying the Sage's Intent**

This text by Sakya Pandita, one of the founders of the tradition, is a complete presentation of the theory and practice of the Mahayana, covering the topics of Buddha nature, refuge, bodhicitta, the six paramitas, the stages of the path and the qualities of the resultant state of buddhahood.

**28th of September to 7th of October 2018**

### **The Beautiful Ornament of the Three Visions**

This text by Ngorchen Khönchog Lhündrup, taught in preparation for the Vajrayana path, is the meditation manual for the sutra path according to the Lamdré cycle of teachings. It covers all the practices from going for refuge and bodhicitta up to the cultivation of calm abiding and special insight, culminating in a description of the qualities of enlightenment manifesting with the perfection of these practices.

## The Teachers



The main Teacher, **Do Tulku Rinpoche**, is the residence Lama of the Arya Tara Dharmacenter. He was recognized by H.H. Sakya Trizin as the 6th Raktrul Rinpoche. After his recognition he received his training in buddhist philosophy, practice, and debate at the Dzongsar Khyentse Chokyi Lodro Institute in Bir, India, from which he graduated with the degree of an Acharya (Lopön).

Following the instruction of Dzongsar Khyentse Rinpoche, he recently started to travel and teach in Asia and Europe. He received teachings, initiations and and instructions from some of the greatest Lamas of our time, including H.H. Dalai Lama, H.H. Sakya Trizin, Khenchen Kunga Wangchuk, Dzongsar Khyentse Rinpoche, Dagchen Rinpoche, Luding Khen Rinpoche and many more. He works as a translator for the 84.000 project and lives with his family in Germany, where he teaches regularly.

The Review Teacher, **Arne Schelling**, was born in Germany, where he practices Western and Chinese medicine. In 1989 he began to study and practice intensively under the guidance of various Buddhist masters of all Tibetan traditions, especially guided by Dilgo Khyentse Rinpoche, Dzongsar Khyentse Rinpoche and Jigme Khyentse Rinpoche.

Since 1995 Arne studies the Tibetan language, manages various Tibetan Buddhist centers in Germany and is also very involved in Buddhist film projects. He began to translate Buddhist teachers from Tibetan and Zen traditions in 1999, and is now doing translations of around 20 Rinpoches per year in Europe. He also worked as a translator and editor for many books, Sadhana practices and different Buddhist magazines and translates sutras for the 84.000 project. Since 2006 he guides Buddhist meditation classes and gives lectures on studies of classical Buddhist texts in various European countries. Dzongsar Khyentse Rinpoche appointed him as an instructor 2008 and consigned him to take care of the first European Dharma Gar in 2008 and to instruct in the Ngöndro Gar.

### Class Format

These are intensive courses which will cover the entire texts in a relatively short time and fulfill the requirements of the program. There will be at least 30 hours of main teaching and 10 hours for review and meditation sessions. In order to qualify for the next year's course students require a minimum of 75% class attendance.

The teachings are given in English and translated into German if necessary.

## Course Fees

Course fees and full board single room: 800 Euro

Course fees and full board double room: 750 Euro

Course fees and full board caravan: 700 Euro

Course fees and full board dormitory: 670 Euro

Course fees and full board in one's own tent: 630 Euro

Our capacities are limited. In order to ensure your participation and accommodation, 50 % of the chosen fees have to be payed in advanced.

*Monks and nuns are eligible to receive a discount of 100 Euro.*

*Since money shouldn't be the reason for not being able to attend precious dharma teachings, people with financial difficulties are welcome to contact the organizers to find a solution.*

**Please check our website for more information:**

**[www.aryatara-dharmacenter.com](http://www.aryatara-dharmacenter.com)**

## Contact

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