



# DOLPO TULKU RINPOCHE

## The 4 Dharmas according to Longchenpa

*Berlin (Neckarstraßen-Zentrum)*

**Sat 25 June – Sun 26 June 2022**

The four Dharmas:

1. Grant your blessing so that my mind may turn towards the Dharma
2. Grant your blessing so that the Dharma may progress along the path
3. Grant your blessing so that the path may clarify confusion
4. Grant your blessing so that confusion may dawn as wisdom

In the first part of his commentary, Longchen Rabjam deals with how to turn the mind away from cyclic existence and toward Dharma.

The second point describes how to train the mind in the Dharma: This includes accepting a qualified teacher and developing bodhicitta.

The third part describes the way in which the gross confusions of the mind can be eliminated through the general and the special exercises of the Mahayana path.

And in the last chapter, Longchen Rabjam shows how confusion is transformed into wisdom through Dzogchen, the path of great accomplishment.

**Registration & contact:** [carmen@dolpotulku.org](mailto:carmen@dolpotulku.org)

**Language:** English (Text liegt in deutscher Übersetzung vor)

**Venue:** Neckarstraße 12, 12053 Berlin-Neukölln

**Time:**

Saturday: 10:00 am - 12:30 pm and 2:30 pm - 5:30 pm

Sunday: 10:00 am - 12:30 pm and 2:30 pm - 4:30 pm

**Fee:** donation based, recommended donation EUR 30,00 (reduced EUR 15,00) per day

In order to appreciate the efforts of Dolpo Tulku Rinpoche, it would be nice if participants could set aside a certain amount as dana. Thank you very much.

**Please pay the participation fee on site in cash or transfer it to the account of Dolpo Tulku e.V..**

**Account:** *Dolpo Tulku e.V., Stadtparkasse München,*

*IBAN DE82 7015 0000 1001 9954 04 / BIC SSKMDEMMXXX*

*purpose: 4 Dharmas*

**Paypal:** [www.paypal.me/dolpotulkuev](http://www.paypal.me/dolpotulkuev)

**Liability:** Participation in this retreat is at your own risk. The organizer, Dolpo Tulku e.V., as well as the instructor shall accept no liability for any personal injury and damage to property, caused on the occasion of course participation. Intensive meditation retreats are often not suitable for people with a history of psychiatric illness. In case of doubt, we ask for consultation in advance.