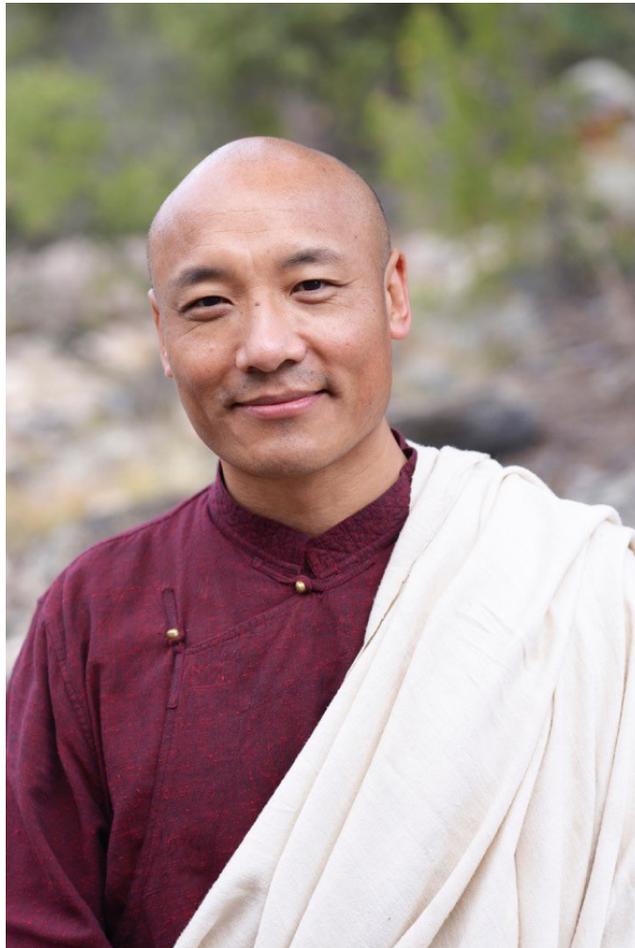


Online event with Anam Thubten Rinpoche | via Zoom



"Awakening to the Nature of Mind"

Saturday, October 2, 2021
19.00 till 20.30

During this evening we will meditate together with Anam Thubten and we will be receiving a teaching on the "nature of mind", at times also called "Buddha-nature", "true nature", "natural mind" or also "enlightened essence". In order to really understand this "nature of the mind", a direct experience based on pointing out instructions by a qualified master is needed. There will be time for your Q&A as well.

Participation is on donation base.

A short biography

Anam Thubten Rinpoche grew up in Tibet and began practicing the Nyingma lineage of Tibetan Buddhism at a young age. He currently resides in the San Francisco Bay Area and is the founder and spiritual advisor of the Dharmata Foundation. Rinpoche teaches in the U.S., Europe and Asia and is well versed in our culture.

He is the author of several books. His most recent book is *The Citadel of Awareness: A Commentary on Jigme Lingpa's Dzogchen Aspiration Prayer*.

With the help of the fundamental wisdom of Buddhism and through his own personal experience on the spiritual path, Anam Thubten focuses on the essence of this timeless teaching. He warmly invites all people of all backgrounds to share in it. His fine sense of humor and deep compassion characterize his inimitable teaching style.

Anam Thubten teaches in English. Simultaneous translations into German will be available.

This event is a cooperation of the Buddhist Center **Buddhism in Berlin** and the Tibetan Buddhist Community **KTC Bremen** and the

For more information, visit www.berlin-buddhismus.de and www.ktc-bremen.de

Please log in via the Zoom link 10 minutes prior to the event.

Zoom link: <https://us02web.zoom.us/j/84988446255?pwd=YWx2bUo0VUozd2VvYVlyWnh0Rkt0Zz09>

Meeting ID: 849 8844 6255

Passcode: 298661

Please transfer **your donation** for the teacher and the translator to the following account:

[Paypal](#) or Buddhismus in Berlin, Postbank Hamburg, IBAN DE43100100100850734107, BIC PBNKDEFF

Subject: Anam Thubten

Thank you!

Arne for Buddhism in Berlin e.V.

www.berlin-buddhismus.de